

# United States Senate

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February 12, 2010

Bob Chrisman, Principal  
Lakeside Elementary  
19621 Black Road  
Los Gatos, CA 95033

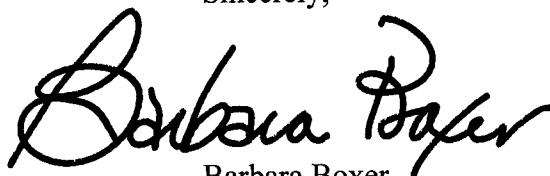
Dear Principal Chrisman:

I recently learned that your school participated in an attempt to break the current world record for greatest number of people simultaneously jumping rope, sponsored by the California Association for Health, Physical Education, Recreation and Dance, the American Heart Association's Jump Rope for Heart Program, the California Governor's Council on Physical Fitness and Sports, and Jamba Juice.

This was a great way to highlight the importance of exercise and physical fitness to your students. It is vitally important that we instill in children the importance of nutrition and exercise in order to set them up for long, healthy, happy lives. I am sure that the children who participated were able to learn that exercise can be fun. Your school's support of this event also helped commemorate American Heart Month. With your involvement, you have helped bring awareness to the leading cause of death in the United States, and the fight against heart disease through research, treatment, and prevention.

Thank you for your taking part in this event. I know that although we will all anxiously await the results of the Guinness World Records' decision, your kids have already learned a very valuable lesson through their participation in this event.

Sincerely,



Barbara Boxer  
United States Senator

BB:ajm